

Spa

Lomilomi - The Art of Loving Touch

Serenity Spa Hawai'i, Waikiki Beach, is located in the area known as Kawehewe, an ancient Hawaiian healing site. This was the home of powerful Kahuna La'au Lapa'au (doctors). Hawaiians have been coming to this particular area for centuries to heal spiritual and physical ailments. In the local tradition, a bounty of land, and marine plant extracts, flower essences, essential oils and mineral are used in our treatments to honor our ancient healers and to care for our spa guests.

MASSAGE

Hawaiian Lomi Lomi

This traditional Hawaiian massage is a sacred healing art passed down through the generations. "Lomi" is a connection of body, mind, and soul. A truly exotic cultural experience.

Hot Lava Rock Massage

Heated lava stones are used to open the body's energy centers. A slow penetrating massage stimulates circulation and rids the body of tension and stress.

Swedish

A classic European massage to increase circulation while relieving tension and stress throughout the body.

Deep Tissue

Deep pressure work in muscular regions to release tension.

Sports

A fast-paced and intense technique for an active lifestyle, this massage is designed to awaken sluggish muscles and to stimulate circulation.

Aroma Journey

Can't decide? A personalized massage experience based on your needs and selected aroma. This massage combines a variety of massage techniques to relax the body, calm the mind, and excite your senses.

Pregnancy

You deserve a quiet spell of indulgence. A special pillow allows you the comfort you've only imagined....until now.

Chakra Balancing

An innovative treatment that focuses on centering the chakras (energy centers in the body) using a variety of massage techniques.

Aroma Stone

Experience the aromatic power of flower and plant essences fused with the sensation of a smooth stone massage. This unique experience encompasses the senses with opposing warm and cold stones combined with massage techniques to balance, sooth, and invigorate your body. (80 minute only)

Lomi Pohaku

Indulge in the ultimate massage experience. This massage is a fusion of Hawaiian Lomi Lomi and Hot Lava Stone "Pohaku" massage. (80 minute only)

*Massages are 50 or 80 minute sessions.

*All massages are also available as Couples Massages.

FACIAL

The Elements Aroma Journey

A personalized facial to address your skin concerns of dryness, oiliness or sensitivity using pure flower and plant essences.

Outer Peace™ Acne Relief Treatment

Inner beauty, outer peace...This facial treatment will help clear your complexion without over drying, irritating effect, a visible reduction in redness, as well as prevent future blemishes. Ideal for acne and rosacea concerns.

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Tourmaline Skin Renewal

This is our hands-on alternative to micro-dermabrasion, without the irritation and inflammation. A decadent treatment of tourmaline gems and botanicals; this facial has been proven to reduce the appearance of fine lines, decrease pore size, smooth your skin's texture, and significantly increase your natural radiance.

Anti-Aging

Harnessing the power of plant technology, this unique rejuvenating experience is clinically proven to lift and firm the skin, reduce fine lines and wrinkles, diminish the appearance of age spots, improve the skin's smoothness, tone, and clarity using Aveda's Green Technology™ and 5-phase facial massage. An effective therapy to repair, renew and regenerate your skin for a more youthful complexion.

Enbrighten™ Discoloration Treatment

An effective treatment that reduces the appearance of dark spots, slows the development of pigmentation, evens the skin tone, and brightens your skin. To achieve maximum results, we recommend a series of treatments combined with a home care regimen.

Back Facial

An irresistible treat for your back! A gentle exfoliation followed by an aroma infused masque and massage. This deep cleansing facial for the back is pure pleasure....

*All Facials are 50 or 80 minute sessions.

*To maintain noticeable results, we recommend a series of treatments combined with adding specialized products into your regimen.

SPA BODY TREATMENTS

The Island Body Treatment

A rejuvenating and nurturing body wrap that uses the healing touch and tropical plant ingredients to detoxify and renew the body and senses. A warm seaweed body masque to smooth and detoxify, and a restorative scalp and body massage to complete this island-inspired experience. This treatment is ideal for jet lag, post-trauma, or stress recovery.

Rosemary Mint Awakening Body Wrap

Refresh your body and mind with this stimulating and cooling body wrap. Rosemary and peppermint essences will awaken your senses while a scalp and foot massage balance the whole body. Great for when you feel tired, heavy, or sluggish.

Body Polish

A full body exfoliation that will leave you touchably smooth, soft, and wonderfully hydrated. A relaxing back massage is the icing on this treatment. Recommended for a longer lasting tan.

The Body Elixir

A combination of body exfoliation, hydrotherapy and light aromatherapy massage in one treatment! Ideal for eliminating rough dry skin, easing sore muscles, increasing circulation and quiet relaxation....

SIMPLE PLEASURES – not available as stand-alone treatments

Revitalizing Eye Treatment

This is a special treatment that concentrates on diminishing fine lines, and reducing puffiness and dark circles around the delicate eye area. The perfect enhancement for any facial.

Perfecting Plant Peel

Our facial masque actively smoothes and retexturizes skin with the instant exfoliation and radiance benefits of a 30% glycolic peel without the associated redness and irritation. Warms the skin, helping to open the pores. For all skin types. Can be added to most facials.

Lucious Lips

A restoring lip treatment to smooth, plump and hydrate your lips followed by an application of lip color. Includes the lip color to take home. Available as an add-on to any treatment.

Pure Focus

This "mini facial" is the perfect compliment to any massage or body treatment. 25 minutes

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Calm

A soothing, cooling and hydrating facial experience for sunburn.

Aroma Journey Massage

The perfect compliment to any facial or body treatment. 25 minutes

Waxing:

Eyebrows	Brazilian	Back
Chin	Full Legs	Underarm
Upper Lip	½ Legs	Bikini

MANICURES AND PEDICURES

Spa Manicure

Includes proper maintenance and grooming of nails and cuticles, massage, exfoliation, and treatment masque. An experience to bring your hands back into balance.

Spa Pedicure

Includes proper maintenance and grooming of nails and cuticles, massage, exfoliation, and treatment masque. An experience to bring your feet back into balance.

Retexturizing Hand Treatment

Hand therapy to help diminish dark pigment spots on the hands. Experience our Botanical Skin Resurfacing Technique followed by brightening products to correct and prevent future skin pigmentation.

Island Hand or Foot Treatment

A rejuvenating and nurturing treatment for the extremities that uses plant ingredients of the islands to improve the condition of nails, cuticles, hands or feet.

Green Science™ Skin Renewing Manicure

Powerful plant ingredients visibly renew and repair aging skin, improve skin smoothness, target age spots, and reduce lines and wrinkles.

*Please visit the spa for a complete list of services, packages, or spa parties.

For reservations and information, please call 926-2882.

ETIQUETTE

- We recommend you arrive 20 minutes prior to your scheduled appointment time to check-in and change. A robe and locker will be provided for you.
- Please let us know ahead of time if you have a gender preference for our therapist or if you have any specific needs or limitations.
- Please leave your valuables at home. Serenity Spa will not be responsible for lost or stolen items.
- Please alert the Spa Director and therapists if you are pregnant or have any health-related disorders such as diabetes, high blood pressure, history of stroke, clotting disorders, varicose veins, or specific allergies.
- We require all changes or cancellations to be received by noon of the day prior to your appointment. A 20% charge will apply after that time. Changes or cancellations made four (4) hours or less prior to your appointment time will be charged 50%. No shows will be charged the full price of service. All calls must be received during normal business hours of 9am-7pm. Messages left at our after-hours message center will be considered received at 9am the following morning when the spa opens.
- Please arrive on time; late arrivals will still end as scheduled so our next guest may begin their treatment on time.
- Hawai'i State Tax and an 18% Service Fee will be added to all services. Additional gratuity may be added at the discretion of the guest.
- In consideration of other guests, we ask that all cell phones be turned off while in the Spa.
- Prices are subject to change without prior notification.